



*Sail adventures uganda*

*Taking on the pearl of africa*

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## Culture in Uganda

Due to the diverse range of ethnic groups living within Uganda, the national culture is complex and multi-faced. In the north of the country, you can find groups such as the Lango, Acholi and Karamojong people, the latter of which is known for their livestock herding traditions. Elsewhere in Uganda, Bantu-speaking groups make up a large percentage of the population. The official languages are English and Swahili, although many different Bantu languages are spoken widely throughout the nation. With over 55 tribes, each tribe with their own language which makes Uganda the most culturally diversified country in the World. Christianity is the largest religion and there is also a considerable Muslim population, which can be traced back to connections made through East African trade routes during the 19th-century.

If you travel to Uganda you'll encounter many opportunities to get to know the diverse local cultures. From witnessing the intricate ceremonial dances of Bwindi's Batwa people, or getting to know the farming practices of local tribes, to discovering the ancient rock paintings of Nyero Rock and meeting urban Ugandans in a busy Kampala bar. There are many special cultural sites worth visiting on a tour of Uganda.

Visiting the ancient Buganda Tombs of Kasubi, the Basilica of the Uganda Martyrs or the sacred Sezibwa Falls can all reveal complex and fascinating elements of Ugandan culture. Coffee is another important part of Ugandan culture, and they make a stunningly good cup as well as growing the beans. On a trip to Uganda, it is worthwhile remembering that the country is relatively conservative and therefore visitors and locals alike are expected to dress modestly.

This beautiful country, known for its mountain gorillas, forests and the great Lake Victoria, is a haven for wildlife lovers and a paradise for any traveller who wants to experience unfiltered Africa. Authentic people, lively cities and untouched natural beauty, means a trip to Uganda needs to be top of your travel list.

***"TAKING ON THE PEARL OF AFRICA"***